

FOR IMMEDIATE RELEASE

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Race Runs Records to Benefit Hospice of Palm Beach County

West Palm Beach (November 7, 2006) — Organizers of the 10th Annual Community Fitness Run & Walk in Wellington are hailing the event as a success. A record number of participants, 782 people, either ran or walked the 5K distance through Wellington on Saturday, November 4, 2006. The event raised more than \$67,000 to benefit Hospice of Palm Beach County, the nation's leading provider of hospice care.

Sonia Friend Uhl won the event with a time of 00:16:30. Jon Williams placed second but was the fastest male overall with a time of 00:17:25. Race results can be found online at the Hospice of Palm Beach County website at www.hpbc.com (click on "events" link). The team credited with raising the most funds was The Forbes Family, a family of gospel music recording artists who raised more than \$8500 to benefit Hospice of Palm Beach County. Winning the best T-shirt contest was Journey of Love, a team spear-headed by a family personally touched by Hospice of Palm Beach County. The largest team award went to Ultima Fitness. Special recognition was given to Jill Merrell for not only founding the Community Fitness Run & Walk ten years ago but also for her continued commitment to the Run & Walk. Children also enjoyed the Halloween Re-run, a non-competitive mini-run for kids ages 3-5 in Halloween costume. The event also featured a demonstration by the Ultima Fitness/Xtreme Tae Kwon Do team.

Fidelity Federal Bank & Trust, Wellington Regional Medical Center, the Village of Wellington, and Ultima Fitness/Xtreme Taekwondo presented the 10th Annual Community Fitness Run & Walk. The event's chairs were Ben and Joanna Boynton.

About Hospice of Palm Beach County: *Hospice of Palm Beach County offers a wide range of services and educational programs designed to meet the special needs of patients and families faced with advanced illness. Expert physical, emotional and spiritual care is provided wherever the patient is - the home, skilled nursing or assisted living facility, hospital or hospice inpatient unit, including the C.W. Gerstenberg Hospice Center in West Palm Beach, the Bethesda Memorial Hospice and Palliative Care Unit at Bethesda Memorial Hospital, the Hospice and Palliative Care Unit at Good Samaritan Medical Center, the Hospice and Palliative Care Unit at Palm Beach Gardens Medical Center and the Jay Robert Lauer Hospice and Palliative Care Unit at JFK Medical Center. The organization also offers full bereavement support to Hospice families and anyone in the community in need. Hospice of Palm Beach County's focus is on quality of life. The organization is sensitive to and respectful of religious, cultural and personal beliefs. Contact Hospice of Palm Beach County toll free at 888-848-5200 or visit the website www.hpbc.com for information.*

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