

## **FOR IMMEDIATE RELEASE**

### **Contact:**

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### **Community Fitness Run & Walk Enthusiasts Mix It Up to Benefit Hospice of Palm Beach County**

**(West Palm Beach-October 26, 2006)**--Hospice of Palm Beach County is the proud recipient of an \$836.00 gift from the organizers of the 10th Annual Community Fitness Run & Walk in Wellington. Organizers kicked off the event with a mixer on Friday, October 20<sup>th</sup> at the Bamboo Club at the Wellington Mall. Proceeds from the mixer benefit Hospice of Palm Beach County, the nation's leading provider of hospice care and beneficiary of the Run & Walk.

The 10<sup>th</sup> Annual Community Fitness Run & Walk is scheduled for Saturday, November 4<sup>th</sup>, 2006. Competitors can take part individually or as part of a team in a USATF certified 5K run or non-competitive walk through the Village of Wellington. Children 3-5 years of age can compete in costume in the Halloween Re-Run, a mini run and walk. The event begins at the Wellington Plaza (Forest Hill Blvd. at Wellington Trace) in Wellington. Registration begins at 6:30am; the run and walk begin at 7:30am. Entry fee for adults (18 and up) is \$25 prior to November 4, 2006 and \$30 race day. For participants under 18, the cost is \$20 prior to November 4, 2006 and \$25 race day. Entry fee includes an event T-shirt, post race refreshments, prizes, and live entertainment. Participants can register in advance at [www.hpbc.com](http://www.hpbc.com). Wellington residents, Ben and Joanna Boynton, are chairs of this year's event.

For more information about the Community Fitness Run & Walk, contact Lu Moseley at (561) 227-5157.

**About HPBC:** *Hospice of Palm Beach County offers a wide range of services and educational programs designed to meet the special needs of patients and families faced with advanced illness. Expert physical, emotional and spiritual care*

*is provided wherever the patient is - the home, skilled nursing or assisted living facility, hospital or hospice inpatient unit, including the C.W. Gerstenberg Hospice Center in West Palm Beach, the Bethesda Memorial Hospice and Palliative Care Unit at Bethesda Memorial Hospital, the Hospice and Palliative Care Unit at Good Samaritan Medical Center, the Hospice and Palliative Care Unit at Palm Beach Gardens Medical Center and the Jay Robert Lauer Hospice and Palliative Care Unit at JFK Medical Center. The organization also offers full bereavement support to Hospice families and anyone in the community in need. Hospice of Palm Beach County's focus is on quality of life. The organization is sensitive to and respectful of religious, cultural and personal beliefs. Contact Hospice of Palm Beach County toll free at 888-848-5200 or visit the website [www.hpbc.com](http://www.hpbc.com) for information.*

*Licensed since 1981*

*JCAHO Accredited 501(c)(3) Not-for-Profit Organization*

*Accredited as a Jewish Hospice by the Palm Beach County Board of Rabbis, Inc.*

*Hispanic Patient Care Teams*

*Serving all of Palm Beach County - Boca Raton to Tequesta, the Glades to the Beach*

**Over 28 years as Palm Beach County's Leading Provider of Hospice Care**

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