



Hospice of
Palm Beach County
Licensed since 1981
We're there.

FOR IMMEDIATE RELEASE

Contact:

Sarah E. Flynn

Willcaro Communications LLC

sarahf@willcarocomm.com

Direct Line: 1.561.243.1922 (EST)

Community Fitness Run & Walk Benefits Hospice of Palm Beach County

West Palm Beach, FL, September 2007.....The 11th Annual Community Fitness Run & Walk to benefit Hospice of Palm Beach County will be held Saturday, November 3, 2007. Tensy Caine has been named Chairperson of this USATF certified 5K event. Approximately 800 runners and walkers from Palm Beach County and across South Florida are expected to attend. Competitors can take part individually or as part of a team in the 5k run or non-competitive walk. The event also features the Halloween Re-run, a mini-run and walk for children up to age 7 in Halloween costume.

Registration begins at 6:30a.m.at the Wellington Plaza in Wellington and the run and walk begin at 7:30a.m. Entry fee for adults (18 and up) is \$25 prior to November 3, 2007 and \$30 race day. For participants under 18, the cost is \$20 prior to November 3, 2007 and \$25 race day. Entry fee includes an event t-shirt, post race refreshments, prizes and live entertainment. Awards are given to the fastest individuals as well as the largest team, the team that raises the most money, and the team with the most creative t-shirt. Participants can register in advance at www.hpbc.com.

The 11th Annual Community Fitness Run & Walk is hosted by National City, Ultima Fitness/Xtreme Tae Kwon Do and the Village of Wellington. Media sponsors include *The Palm Beach Post* and Comcast.

Committee members include: Jill Merrell, Joanna Boynton, Ben Boynton, Michelle Garvey, Emilia Roca, Marlene De Luca Painter, Bruce Delaney, Cathy Crupi, Chuck Higgins, Cyndi Higgins, Ida Robins, Jo Thompson, Paul Funk, and Tania Madorma. Honorary Chairpersons are State

Senator Jeff Atwater, State Senator Dave Aronberg, State Representative Shelley Vana, County Commissioner Jess Santamaria, and Mayor Tom Wenham.

For more information about the Community Fitness Run & Walk, or to inquire about sponsorship and volunteer opportunities, contact Lauryn Barry at 561.227.5157.

About Hospice of Palm Beach County: *Hospice of Palm Beach County offers a wide range of services and educational programs designed to meet the special needs of patients and families faced with advanced illness. Expert physical, emotional and spiritual care is provided wherever the patient is - the home, skilled nursing or assisted living facility, hospital or hospice inpatient unit, including the C.W. Gerstenberg Hospice Center in West Palm Beach, the Hospice and Palliative Care Unit at Pinecrest Delray, the Bethesda Memorial Hospice and Palliative Care Unit at Bethesda Memorial Hospital, the Hospice and Palliative Care Unit at Good Samaritan Medical Center, the Hospice and Palliative Care Unit at Palm Beach Gardens Medical Center and the Jay Robert Lauer Hospice and Palliative Care Unit at JFK Medical Center. The organization also offers full bereavement support to Hospice families and anyone in the community in need. Hospice of Palm Beach County's focus is on quality of life. The organization is sensitive to and respectful of religious, cultural and personal beliefs. Contact Hospice of Palm Beach County toll free at 888-848-5200 or visit the website www.hpbc.com for information.*

*Licensed since 1981
JCAHO Accredited 501(c)(3) Not-for-Profit Organization
Accredited as a Jewish Hospice by the Palm Beach County Board of Rabbis, Inc.
Hispanic Patient Care Teams
Serving all of Palm Beach County - Boca Raton to Tequesta, the Glades to the Beach
Over 29 years as Palm Beach County's Leading Provider of Hospice Care*

###